

See page 2 for Summer Schedule 2018



2017-2018 Class Schedule

16 Everett Street, Holliston, MA 01748 508-429-9898 www.shensgymnastics.com

PRESCHOOL & AFTER SCHOOL PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
Mom and Me 18 mo-3 yrs, 50-min class	9:30			9:30		9:00 10:00
Super Kids 3-5 years, 60 min class	10:30 1:30 3:30 4:30	4:00	1:30 3:30	10:30 12:30 3:30	3:30	9:00 10:00 11:00
Novice Girls 6-12 years, 60 min class	3:30 4:30 5:30	3:30 4:30 5:30	3:30 4:30 6:30	3:30 4:30	3:30 4:30 5:30	9:00 10:00
Intermediate Girls 7 + years, 90 min class	5:30	4:30	3:30 4:30	4:30	3:30	10:00
Advanced Girls 8+ yrs, 120-min class			4:30			
	<i>Children must be recommended or evaluated to enroll in these classes</i>					
Novice Boys 6 -12 yrs, 60-min class	4:30	3:30 4:30			3:30	9:00
Intermediate Boys 7+ years, 90-minute class	5:30					
Tumbling/Back Handspring 9 + years, 60-min class			3:30	6:00		11:00 12:00
SPECIALTY PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
American Ninja Warrior 60 minutes						1:30
Adult Class 60 minutes			8:00 PM			
Open Gym 60 mins	12:00		12:00		12:00	
	<i>Parental supervision required</i>					
Open Gym 90 minutes	<i>*10:30 AM - noon on school vacations & no-school days.</i>					3:30
	<i>See website for dates</i>					

Session 1 Aug 28 - Nov 18, 12 weeks
Session 2 Nov 20 - Feb 10, 12 weeks
Session 3 Feb 12 - May 5, 12 weeks
Session 4 May 7 - June 30, 8 weeks

Closed: Sept 4, Nov 23 & 24, Dec 23 & 25, Jan 1
 May 28, July 2 - July 7

Discount: 10% discount for your second child,
 15% discount for your third child
 30% discount for fourth child

2018 Summer CLASS Schedule

	MON	TUE	WED	THU	FRI	SAT
Mom & Me 60 min	9:00					10:00
SuperKids 60 min	10:00					9:00
Novice Girls Class 60 min	11:00					10:00
Intermediate Girls 90 min	11:00					10:00
Novice Boys Class 60 min	3:30			5:30		9:00
Intermediate Boys Class 90 min	3:30			5:30		9:00
Back-Handspring 60 mins			2:30			10:00 11:00
Ninja 60 mins					1:30	
Adult Gymnastics 1 hour \$ 20/class			6:00			
Open Gym 2 hours \$15/pp						12:00

7-week session: July 9 - August 25