



2017-2018 Class Schedule

16 Everett Street, Holliston, MA 01748 508-429-9898 www.shensgymnastics.com

PRESCHOOL & AFTER SCHOOL PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
Mom and Me 18 mo-3 yrs, 50-min class	9:30			9:30		9:00 10:00
Super Kids 3-5 years, 60 min class	10:30 1:30 3:30 4:30	4:00	1:30 3:30	10:30 12:30 3:30	3:30	9:00 10:00 11:00
Novice Girls 6-12 years, 60 min class	3:30 4:30 5:30	3:30 4:30 5:30	3:30 4:30 6:30	3:30 4:30	3:30 4:30 5:30	9:00 10:00
Intermediate Girls 7 + years, 90 min class	5:30	4:30	3:30 4:30	4:30	3:30	10:00
Advanced Girls 8+ yrs, 120-min class			4:30			
	<i>Children must be recommended or evaluated to enroll in these classes</i>					
Novice Boys 6 -12 yrs, 60-min class	4:30	4:30			3:30	9:00
Intermediate Boys 7+ years, 90-minute class	5:30					
Tumbling/Back Handspring 9 + years, 60-min class			3:30			11:00 12:00
SPECIALTY PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
American Ninja Warrior 60 minutes						1:30
Adult Class 60 minutes			8:00 PM			
Open Gym 60 mins	12:00		12:00		12:00	
	<i>Parental supervision required</i>					
Open Gym 90 minutes	<i>*10:30 AM - noon on school vacations & no-school days. See website for dates</i>					3:30

Session 1 Aug 28 - Nov 18, 12 weeks
Session 2 Nov 20 - Feb 10, 12 weeks
Session 3 Feb 12 - May 5, 12 weeks
Session 4 May 7 - June 30, 8 weeks

Gym Closed: Sept 4, Nov 23 & 24, Dec 23 & 25, Jan
 May 28, July 2 - July 7

Sibling Discount: 10% discount for your second child
 15% discount for your third child
 30% discount for fourth child

1 1

ild,

ld

|