



2016-2017 Class Schedule

16 Everett Street, Holliston, MA 01748 508-429-9898 www.shensgymnastics.com

PRE-SCHOOL & AFTER SCHOOL PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
Mom and Me 18 mo-3yrs, 50-min class	9:30			9:30		9:00
Super Kids 3-6 years, 60 min class	10:30 1:30 3:30 4:30	4:00	1:30 3:30	10:30 12:30 3:30	3:30	9:00 10:00 11:00
Novice Girls 6-12 years, 60 min class	3:30 5:30	3:30 4:30 6:00	3:30 4:30 6:30	3:30 4:30	3:30 4:30 5:30	9:00 10:00
Intermediate Girls 7-15 years, 90 min class	5:30	4:30	3:30 4:30	4:30	3:30	10:00
Advanced Girls 8-18 yrs, 120-min class			4:30			
	<i>Children must be recommended or evaluated to enroll in these classes</i>					
Novice Boys 6 -12 yrs, 60-min class	3:30				3:30	9:00
Intermediate Boys 7-15 years, 90-minute class	5:30					
CHEERLEADING AND TUMBLING PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
Tumbling/Back Handspring 9-16 years, 60-min class			3:30			11:00 12:00
SPECIALTY PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
Adult Class 60 minutes			8:00 PM			
Open Gym 60 mins	12:00		12:00		12:00	
	<i>Parental supervision required</i>					
Open Gym 90 minutes	<i>*10:30 AM - noon on school vacations & no-school days.</i>					3:30
	<i>See website for dates</i>					

Session 1 Aug 29 -Oct 29, 9 weeks
Session 2 Oct 31 -Dec 31, 9 weeks
Session 3 Jan 3 - Mar 4, 9 weeks
Session 4 Mar 6 - May 6, 9 weeks
Session 5 May 8-June 24, 7 weeks

Gym Closed: Sept 5, Nov 24&25, Dec 24 & 26, Jan 2
 May 29, July 2 - July 8

Sibling Discount: 10% discount for your second child,
 15% discount for your third child
 30% discount for fourth child

2017 Summer CLASS Schedule

	MON	TUE	WED	THU	FRI	SAT
Mom & Me 60 min \$152	9:00					10:00
SuperKids 60 min \$168	10:00					9:00
Novice Girls Class 60 min \$168	11:00					10:00
Intermediate Girls Class 90 min \$208	11:00					10:00
Novice Boys Class 60 min \$168	3:30			5:30		9:00
Intermediate Boys Class 90 min \$208	3:30			5:30		9:00
Back-Handspring 60 mins \$168			3:00			10:00 11:00
Adult Gymnastics 1 hour \$ 20/class			6:00			
Open Gym 2 hours \$15/pp						12:00

8-week session*: June 26 – August 26 (*no classes week of July 3 - July 8)