

See page 2 for Summer Schedule 2018  
page 3 for 2018-2019 Schedule



## 2017-2018 Class Schedule

16 Everett Street, Holliston, MA 01748 508-429-9898 [www.shensgymnastics.com](http://www.shensgymnastics.com)

PRESCHOOL & AFTER SCHOOL PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
<b>Mom and Me</b> 18 mo-3 yrs, 50-min class	9:30			9:30		9:00 10:00
<b>Super Kids</b> 3-5 years, 60 min class	10:30 1:30 3:30 4:30	4:00	1:30 3:30	10:30 12:30 3:30	3:30	9:00 10:00 11:00
<b>Novice Girls</b> 6-12 years, 60 min class	3:30 4:30 5:30	3:30 4:30 5:30	3:30 4:30 6:30	3:30 4:30	3:30 4:30 5:30	9:00 10:00
<b>Intermediate Girls</b> 7 + years, 90 min class	5:30	4:30	3:30 4:30	4:30	3:30	10:00
<b>Advanced Girls</b> 8+ yrs, 120-min class			4:30			
	<i>Children must be recommended or evaluated to enroll in these classes</i>					
<b>Novice Boys</b> 6 -12 yrs, 60-min class	4:30	3:30 4:30			3:30	9:00
<b>Intermediate Boys</b> 7+ years, 90-minute class	5:30					
<b>Tumbling/Back Handspring</b> 9 + years, 60-min class			3:30	6:00		11:00 12:00
SPECIALTY PROGRAMS						
	Mon	Tue	Wed	Thu	Fri	Sat
<b>American Ninja Warrior</b> 60 minutes						1:30
<b>Adult Class</b> 60 minutes			8:00 PM			
<b>Open Gym</b> 60 mins	12:00		12:00		12:00	
	<i>Parental supervision required</i>					
<b>Open Gym</b> 90 minutes	*10:30 AM - noon on school vacations & no-school days. <i>See website for dates</i>					3:30

**Session 1** Aug 28 - Nov 18, 12 weeks

**Session 2** Nov 20 - Feb 10, 12 weeks

**Session 3** Feb 12 - May 5, 12 weeks

**Session 4** May 7 - June 30, 8 weeks

**Closed:** Sept 4, Nov 23 & 24, Dec 23 & 25, Jan 1

May 28, July 2 - July 7

**Discount:** 10% discount for your second child,

15% discount for your third child

30% discount for fourth child

## 2018 Summer CLASS Schedule

	MON	TUE	WED	THU	FRI	SAT
<b>Mom &amp; Me</b> 60 min	9:00					10:00
<b>SuperKids</b> 60 min	10:00					9:00
<b>Novice Girls Class</b> 60 min	11:00					10:00
<b>Intermediate Girls</b> 90 min	11:00					10:00
<b>Novice Boys Class</b> 60 min	3:30					9:00
<b>Intermediate Boys Class</b> 90 min	3:30					9:00
<b>Back-Handspring</b> 60 mins			2:30			10:00 11:00
<b>Ninja</b> 60 mins					1:30	
<b>Adult Gymnastics</b> 1 hour \$ 20/class			6:00			
<b>Open Gym</b> 2 hours \$15/pp						12:00

7-week session: July 9 - August 25, 2018

# 2018-2019 Class Schedule

16 Everett Street, Holliston, MA 01748

508-429-9898

<b>PRESCHOOL &amp; AFTER SCHOOL PROGRAMS</b>						
	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b>Mom and Me</b> 18 mo-3yrs, 50-min class	9:30			9:30		9:00 10:00
<b>Super Kids</b> 3-5 years, 60 min class	10:30 1:30 3:30 4:30	4:00	1:30 3:30	10:30 12:30 3:30	3:30	9:00 10:00 11:00
<b>Novice Girls</b> 6-12 years, 60 min class	3:30 4:30 5:30	3:30 4:30 5:30	3:30 4:30 6:30	3:30 4:30	3:30 4:30 5:30	9:00 10:00
<b>Intermediate Girls</b> 7+ years, 90 min class	5:30	4:30	3:30 4:30	4:30	3:30	10:00
<b>Advanced Girls</b> 8+ yrs, 120-min class	4:30 <i>Children must be recommended or evaluated to enroll in these classes</i>					
<b>Novice Boys</b> 6 -12 yrs, 60-min class	4:30	3:30 4:30			3:30	9:00
<b>Intermediate Boys</b> 7-15 years, 90-minute class	5:30					
<b>Tumbling/Back Handspring</b> 9-16 years, <b>60-min class</b>			3:30	6:00		11:00 12:00
<b>SPECIALTY PROGRAMS</b>						
	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b>American Ninja Warrior</b> 60 minutes						1:30
<b>Adult Class</b> 60 minutes			8:00 PM			
<b>Open Gym</b> 60 mins	12:00		12:00		12:00	
	<i>Parental supervision required</i>					
<b>Open Gym</b> 90 minutes	<i>*10:30 AM - noon on school vacations &amp; no-school days.</i>					3:30
	<i>See website for dates</i>					

**Session 1** Aug 27 - Nov 17, 12 weeks

**Session 2** Nov 19 - Feb 9, 12 weeks

**Session 3** Feb 11 - May 4, 12 weeks

**Session 4** May 6 - June 29, 8 weeks

**Closed:** Sept 3, Nov 22 & 23, Dec 24 & 25, Jan 1

May 27, July 1 - July 6

**Sibling Discount:** 10% discount for your second child,

15% discount for your third child

30% discount for fourth child