



2017-2018 Class Schedule

16 Everett Street, Holliston, MA 01748 508-429-9898 www.shensgymnastics.com

| PRESCHOOL & AFTER SCHOOL PROGRAMS | | | | | | |
|--|---|----------------------|----------------------|------------------------|----------------------|------------------------|
| | Mon | Tue | Wed | Thu | Fri | Sat |
| Mom and Me 18 mo-3 yrs, 50-min class | 9:30 | | | 9:30 | | 9:00 |
| Super Kids 3-5 years, 60 min class | 10:30 1:30 3:30 4:30 | 4:00 | 1:30 3:30 | 10:30 12:30 3:30 | 3:30 | 9:00 10:00 11:00 |
| Novice Girls 6-12 years, 60 min class | 3:30 4:30 5:30 | 3:30 4:30 5:30 | 3:30 4:30 6:30 | 3:30 4:30 | 3:30 4:30 5:30 | 9:00 10:00 |
| Intermediate Girls 7 + years, 90 min class | 5:30 | 4:30 | 3:30 4:30 | 4:30 | 3:30 | 10:00 |
| Advanced Girls 8+ yrs, 120-min class | | | 4:30 | | | |
| | <i>Children must be recommended or evaluated to enroll in these classes</i> | | | | | |
| Novice Boys 6 -12 yrs, 60-min class | 4:30 | 4:30 | | | 3:30 | 9:00 |
| Intermediate Boys 7+ years, 90-minute class | 5:30 | | | | | |
| Tumbling/Back Handspring 9 + years, 60-min class | | | 3:30 | | | 11:00 12:00 |
| SPECIALTY PROGRAMS | | | | | | |
| | Mon | Tue | Wed | Thu | Fri | Sat |
| Adult Class 60 minutes | | | 8:00 PM | | | |
| Open Gym 60 mins | 12:00 | | 12:00 | | 12:00 | |
| | <i>Parental supervision required</i> | | | | | |
| Open Gym 90 minutes | <i>*10:30 AM - noon on school vacations & no-school days. See website for dates</i> | | | | | 3:30 |

Session 1 Aug 28 - Nov 18, 12 weeks

Session 2 Nov 20 - Feb 10, 12 weeks

Session 3 Feb 12 - May 5, 12 weeks

Session 4 May 7 - June 30, 8 weeks

Gym Closed: Sept 4, Nov 23 & 24, Dec 23 & 25, Jan
May 28, July 2 - July 7

Sibling Discount: 10% discount for your second child
15% discount for your third child
30% discount for fourth child

2017 Summer CLASS Schedule

| | MON | TUE | WED | THU | FRI | SAT |
|--|-------|-----|------|------|-----|----------------|
| Mom & Me 60 min \$152 | 9:00 | | | | | 10:00 |
| SuperKids 60 min \$168 | 10:00 | | | | | 9:00 |
| Novice Girls Class 60 min \$168 | 11:00 | | | | | 10:00 |
| Intermediate Girls Class 90 min \$208 | 11:00 | | | | | 10:00 |
| Novice Boys Class 60 min \$168 | 3:30 | | | 5:30 | | 9:00 |
| Intermediate Boys Class 90 min \$208 | 3:30 | | | 5:30 | | 9:00 |
| Back-Handspring 60 mins \$168 | | | 3:00 | | | 10:00 11:00 |
| Adult Gymnastics 1 hour \$ 20/class | | | 6:00 | | | |
| Open Gym 2 hours \$15/pp | | | | | | 12:00 |

8-week session*: June 26 – August 26 (*no classes week of July 3 - July 8)

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